

Viterra Ironman 70.3 Calgary

Traffic delays and Road closures on Sunday, August 2, 2009

During the event please expect some traffic delays on the following roads during the listed times while our cyclist proceed through the course. Please note that times are approximate. Please see website for course map: www.ironmancalgary.com.

Highway 1A from Ghost reservoir to Grand Valley Road 7:15 a.m. – 9:30 a.m.

Grand Valley Road from 1A to TWP 280 7:30 a.m. – 10:30 a.m.

TWP 280 from Grand Valley to Horse Creek 8:00 a.m. – 10:40 a.m.

Horse Creek Road from TWP 280 to 1A 8:00 a.m.. – 11:15 a.m.

1A from Horse Creek Road to highway 22 8:20 a.m. – 11:20 a.m.

Highway 22 from 1A to TWP 250 8:25 a.m. – noon

TWP 250 from highway 22 to RR 31 8:40 a.m. – 12:30 p.m.

RR 31 from TWP 250 to Lower Springbank Road 9:00 a.m. – 12:40 p.m.

Lower Springbank Road from RR 31 to 69 St 9:10 a.m. – 12:50 p.m.

Highway 8 from 69 St to Glenmore Trail 9:25 a.m. – 1:15 p.m.

Glenmore Trail from highway 8 to 37 St curb lane closed to traffic

37 St from Glenmore Trail to North Glenmore Park 9:30 a.m. – 1:30 p.m.

North Glenmore Park will be closed to vehicle traffic until 5:00 p.m.

The pathway through Weaselhead Flats between the top of the hill on the south side and the top of the hill on the north side will be closed to wheeled traffic until 4:00 p.m.