

Lisa Bentley



Professionally

Lisa is an **eleven-time Ironman Champion** – 5-time Ironman Australia Champion, 3-time Subaru Ironman Canada Champion, 2-time Ironman New Zealand Champion, Ironman Germany Champion.

Lisa won her 6th consecutive Pucon, Chile Half Ironman in January 2007.

In 2006, Lisa finished **3rd** at the **Hawaii Ironman World Championships** and three weeks later finished **2nd** at the **70.3 World Championships** in Florida.

Lisa has won the last five consecutive **Ironman Australia** events.

Lisa is a colour commentator for **CBC Sports'** 6-part I.T.U. World Cup Series.

Lisa set the **marathon course record** at Ironman Australia running a 2:58 marathon. Lisa joined an elite select few women in the World who have ever run a sub 3-hour marathon and Lisa ran two sub 3-hour marathons in 2003 and another in 2006.

Lisa placed **3rd** at the **Hawaii Ironman World Championships in 2006, 4th, 5th and 6th in 2004, 2003 and 2002.**

Lisa won **Person of the Year 2003** for *Inside Triathlon* magazine and **Triathlete of the Year 2004** voted by *Triathlete Magazine*.

Lisa won **Strongman Japan Triathlon**, 3 km swim, 155 km bike and 42 km run. This was her first long distance race. **Lisa broke the course record by 19 minutes** and had the fastest bike split and fastest run split. She won the race again in 1998.

Prior to launching her Ironman career, Lisa represented Canada at the **1995 Pan American Games** and the Canadian team won the **gold**. Lisa was the first Canadian female at the **1994 World Triathlon Championships**. Lisa was the **Team Captain** on both the National Duathlon Team and National Long Course Team.

Personally

Lisa graduated from the University of Waterloo with an Honours Co-op degree in Mathematics and Computer Science. Then, she graduated from the University of Western Ontario with her Bachelor of Education degree.

Lisa taught high school math and computer science from 1992 to 1999 when she resigned to pursue a career in triathlon and sport.

Lisa lives and trains in Caledon, Ontario with her husband, David Cracknell and two dogs, Madison and Brunswick.

Lisa trains and races while managing a mild form of Cystic Fibrosis.